

Austin Classes January 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
	1 Happy New Year!	2 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	3 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	4 Stay Strong 11 a.m. Balance Dance 4544 S. Lamar	5 Stay Strong 10 a.m. Balance Dance 4544 S. Lamar	6
7	8	9 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	10 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	11 Stay Strong 11 a.m. Balance Dance 4544 S. Lamar	12 Stay Strong 10 a.m. Balance Dance 4544 S. Lamar	13
14	15 Afternoon Park Walk 1 p.m. Dick Nichols Park 8011 Beckett Rd	16 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	17 Aging Together "But I've Always Done it That Way" 1:30 p.m. Elan SouthPark 9320 Alice Mae	18 Stay Strong 11 a.m. Balance Dance 4544 S. Lamar	19 Stay Strong 10 a.m. Balance Dance 4544 S. Lamar	20
21	22 Let's Dance 10 -11:30 a.m. Balance Dance 4544 S. Lamar Blvd <i>Come learn a cool dance choreographed especially for you!</i>	23 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	24 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane	25 Stay Strong 11 a.m. Balance Dance 4544 S. Lamar Stay Social 2 p.m. Austin Beer Garden Brewing 1305 W Oltorf 78704	26 Yoga 10 a.m. Balance Dance 4544 S. Lamar	27
28	29	30 Stay Strong 9 a.m. Balance Dance 4544 S. Lamar	31 Stay Smart 1:30 p.m. Elan SouthPark 9320 Alice Mae Lane			